

TRAINING INFORMATION AND PARTICIPANT'S AGREEMENT

EMDR Basic Training

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The undersigned participant acknowledges that (s)he has read carefully, understands, and agrees to the following:

1. The boundaries of clinical applications for other than PTSD have not yet been confirmed by controlled research. Other treatment protocols have not yet been confirmed by controlled research. Other treatment protocols are based primarily on anecdotal reports by trained clinicians.
2. All participants must be licensed, or, if not licensed, have completed master's level coursework in a mental health discipline, currently on a licensing track and supervised by a licensed clinician with the appropriate letter on file with your application. Participants should have a current active psychotherapy caseload. This training is designed to help participants integrate the use of EMDR in their clinical practice context. Other EMDR training programs are available that will accept managers and researchers who do not carry an active psychotherapy caseload.
3. A significant component of the training involves clinicians practicing EMDR in small groups under the guidance of the instructor. The practice experiences are for educational purposes only and not for personal therapy. All participants should be prepared to address disturbing real-life experiences as part of this training program in order to better appreciate the subjective experience of EMDR as a client would. It is not unusual for a target memory to be linked to other, unexpected, disturbing material or memories which might surface during or after the practice sessions. Case material presented didactically or on video may be disturbing to those with unresolved personal issues. **It is expected that the participant has developed self-soothing and affect/arousal management skills and will be able to employ these skills as necessary during and following EMDR practice sessions. It is the responsibility of the participant to seek and obtain appropriate professional assistance if needed.** Providing such assistance is not an extension of the training and will not be provided by the EMDR instructors. Clinicians who elect to do personal EMDR work can review available lists of EMDR trained clinicians posted by the EMDR Institute and EMDRIA.
4. Further, with reference to number 3 above:
 - a. Clinicians presently engaged in personal therapy and/or psychiatric treatment should inform the therapist/psychiatrist about the experiential component of this training and secure the clinician's permission to participate before beginning this training.
 - b. Those with limiting or special medical conditions (pregnancy, heart condition, ocular difficulties, etc.) should consult their medical professionals before participating in this training and will be expected to have discussed the condition with the instructors in advance of the training.
 - c. You are expected to maintain a spirit of cooperation and mutual support throughout the training. **If you have a dissociative disorder, substance abuse disorder, personality disorder, or major affective disorder, you are expected to inform the instructor before the training begins to determine if special arrangements need to be made.** Failure to advise the instructor could place you at risk, negatively impact other participants, and could result in dismissal from the training. Participants who are disruptive during the training will be given a warning by the instructor and, if there is a recurrence, will be dismissed without a refund. You agree that the instructor has the right to dismiss you from the training at any time without refund if, in her sole judgment, you negatively impact the training experience of others.

5. This experiential workshop is for clinical purposes only and will not qualify the participant to train others in EMDR. Attempts to train others in EMDR without meeting the standards as defined by the EMDR International Association would represent a professional ethics violation.

6. In order to ensure confidentiality of personal and training information, participant audio/video taping is not permitted under any conditions. The instructor will provide sufficient access to training materials to ensure an optimal learning experience. All training materials are copyrighted and cannot be used commercially or distributed to others without the expressed written permission of the author. It is also expected that all participants will maintain the highest ethical standards of confidentiality regarding all personal information both during and after the training. Additionally, it is understood that no other person will be in the room with you at any time while you are participating in the online training program. Participant's failure to maintain confidentiality shall be treated as a professional ethics issue and may be reported to your licensing board. It could also result in premature termination from the training program. Confidentiality applies to all group discussions and practicum experiences; specifics can be discussed as appropriate with members of the immediate practice group, the practicum facilitator and the trainer(s). A participant may share emerging material with a private therapist.

7. A Certificate of Completion will be issued to those who satisfactorily complete the entire training (including ten hours of consultation), complete the assigned readings, and demonstrate in group discussion and practice exercises an understanding of the EMDR treatment approach. Participants are expected to actively engage in all components of the training program. Failure to attend part or all of a training day will hinder you in this learning process and can have a negative impact on the small group process. You agree that you will miss a training day or part of a day only in the case of a bona fide personal or family emergency. The trainer might offer to let you attend the missed day during the next training series if space allows. This decision will be made on a case by case basis and at the sole discretion of the trainer. An additional training fee of \$250 may be charged for each day/part of day missed. Missing more than one day or partial day could result in immediate dismissal from the training program and forfeiture of all tuition paid. It is in your best interest and that of your training group that you make a concerted effort to attend the complete training. Note: There will be no refunds, under any circumstances, for withdrawals after the beginning of the training program.

8. This training will be conducted virtually using a HIPPA-compliant Zoom platform. The training provider will offer a Zoom tutorial in advance of the dates; however, it is required that all participants will be familiar with the operation of Zoom prior to the training and ensure that they have the proper equipment. Laptops or desktops are encouraged with a high-speed internet or ethernet (hardwired) connection. Should the trainer's or the participant's video connection fail for whatever reason, there will be a backup plan using phone service until the online problem can be corrected. This information will be provided to each participant prior to the training.

Accepted and agreed:

Printed Name

Signature

Date

10June2020